



Om 'n Rustie te wees, was nog altyd in die mode

'n Graad 10-leerder van Hoërskool Rustenburg, Margot Naude, het die koppe laat draai op 29 Junie tydens die Opulent Models SA se Fresh New Face Grand Finale by Sun Bet Arena @Time Square Pretoria! (Foto: Van Vuuren Fotografie:)

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BONUS - RUSTENBURG - Last week we asked what your preference are when it comes to milk.

69% of respondents chose Long Life Milk, while 27% said they preferred Fresh Milk. Only 2% of people taking part said that they use Soy Milk, while 1% chose Almond Milk. The remaining 1% ticked the option for Rice Milk/Oat Milk.

This week we would like to know if you think there is a right way and a wrong way to put a toilet paper roll in its holder?

Visit the Facebook page of Rustenburg Herald's Bonus to cast your vote. Verlede week wou ons by lesers weet wat hulle verkies wanneer dit by melk kom.

Die oorgrote meerderheid - 69% - het gesê dat hulle Langlewe melk verkies.

Van dié lesers wat deelgeneem het, het 27% gesê dat hulle vars melk koop, terwyl 2% gesê het dat hulle sojamelk gebruik.

Die oorblywende 2% is gelykop verdeel tussen gebruikers van Amandelmelk en Rys/Hawermoutmelk.

Dié week wil ons by ons lesers weet of hulle dink daar is 'n regte en verkeerde manier om toiletpapier in die houer te sit.

Deel jou keuse met ons op die Facebookbladsy van Rustenburg Herald's Bonus.



jou Rustenburg Herald om te leer om brood soos 'n bobaasbakker voor te sit.





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When to wor

Not paying your tv license:

BONUS - RUSTENBURG HERALD - The Organisation Undoing Tax Abuse (Outa) is of opinion that non-paying TV licence holders should not be too bothered about possible legal action being taken against them for continuing to ignore debt collectors' messages to pay up their outstanding bills.

Outa expressed their view in the wake of increasingly threatening and was one where it supposedly offered a shady messages from the SABC to trick or scare people into paying their TV licence

The Department of Communications and Digital Technologies recently they owed. Another told non-paying registered TV revealed that 9.2 million TV licence holders owe the SABC R44.2 billion licence holders that their "options were running out," in outstanding licence fees and penalties. That works out to an average of and it was "the final request to pay". Duvenage said R4,804 per defaulter. 5.6 million of these accounts have been handed over the debt collectors did not appear to be professional to debt collection agencies. If the debt collectors fail to convince people to or convincing at all, which would push people away pay, then the SABC can try and take non-payers to court to force them to do rather than attract or convince them to pay. The SABC said so. However, using the courts to try and recoup the debts would be a difficult a matter being handled by a debt collector was severe as it meant a and costly affair.

told MyBroadband it does not know of any case in which a defaulter was prosecuted for nonpayment."It is just too small an amount to enter into legal challenges that may even backfire on them," Outa CEO Wayne Duvenage told the news website. "Threats of prosecution are merely threats that I believe the public is aware that the SABC and the debt collectors will not be able carry out,"

He believes, just like the radio and dog licences of old, the TV Licence has now also run its course and should be scrapped. He said the SABC's refusal to give up is likely because it cannot miss out on a single cent of revenue because its advertising business has also declined.,"They hang on for dear life and rely on their 'panel' of debt collectors to increase this source of revenue for them," Duvenage said.

Duvenage said what would be important to find out is what percentage of the recovered TV Licence debt actually ends up in the SABC's pockets, and what goes to the debt collection agencies.

"Around seven years ago, a Gupta-linked company called Lornavision was given the full rights to collect TV Licence revenue on behalf of the SABC," he said. "It was a money-making racket that lasted a couple of years, before a new board came in after Zuma's exit and the dubious Lornavision contract was cancelled.'

SMSes sent to people recently are extremely vague.

One such SMS advised a defaulting TV licence holder with over R900 outstanding to pay R100 to activate "it" - without further explanation. The SABC was asked what this SMS meant, and the broadcaster explained that "it" referred to activating a payment arrangement with the debt collection agency. "This is the terminology used in the debt collection environment," the broadcaster said. However, the definition of "it" would not have been clear without the SABC's response to MyBroadband's enquiry.

Duvenage said the public needed to know what the R100 "activation fee" was for.

He also slammed some of the language and approaches the debt collection agencies used to convince people to pay. Among the SMS messages



BONUS - RUSTENBURG - The Provincial Commissioner of North West, Lieutenant General Sello Kwena, has welcomed the 25 years imprisonment sentence handed down to 43-year-old Nkosiyazi Zibambele by the Tlhabane Regional Court last week.

The accused sentencing emanates from an incident wherein he stabbed his girlfriend, Ncebakazi Mdingi, to death on the evening of 17

"Mother's Day" on their licence. The amount the defaulter was instructed to pay was exactly what

customer was in breach of a legal obligation. Therefore, any communication According to the Broadcasting Act, the maximum penalty a court could from a debt collector should be considered serious, the broadcaster argued."The SABC impose on a person found guilty of failing to comply with TV licence laws allows its debt collectors to be creative in soliciting payment of licence fees," the SABC said. "Our is a R500 fine or up to six months in prison. The legal costs associated with debt collectors are reputable and registered businesses in their industry and would not put the SABC or their pursuing that person would run into several thousands of rand. Outa also own businesses at a disadvantage nor act outside legal prescripts or debt collection rules.



The Sibanye-Stillwater PGM athletics team was honoured for their excellent performance at the 2023 Comrades marathon. During a luncheon hosted by SA PGM EVP this past Thursday, the athletes were acclaimed for their commitment and discipline throughout the year.

"You are true ambassadors of the Sibanye-Stillwater brand. Thank you for representing us so well on a world stage," said Dawie van Aswegen.







#SibanveStillwaterAmbassadors #ThisIsIt #Ziyasha @SIBSTILL





















BONUS - PILANESBERG - South Africa's most famous holiday resort, Sun City, has taken its name to heart and we continue to meet our vision of installed a R16-million solar plant to reduce electricity consumption from the national grid.

with many sunny days throughout the year, the grid-tied said TM Lesetla, National Energy Engineer at Tsebo for our people, delivering superior solar photovoltaic system rated at 1.4megawatts peak of Energy Solutions who installed the system. "These panels shareholder returns, creating genuine installed capacity tying in at the Sun Central entertainment will be married into Sun City's internal electrical network value for the communities in which we centre for use around Sun City.

The system constitutes 2584 560W monocrystalline solar delivery. Sun City is like a little town on its own and the environmental footprint at the same



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2,367,571kWh per annum, with the highest levels of energy production expected in nine out of the 12 months. "This is an equivalent of what 329 average-sized South price escalations. The plant has an African households consume over a year. On good sunshine days, which will be most days, the facility will free up an when coupled with a well-planned

solar capacity is part of the energy mix."

equivalent of 14% of Sun City's electrical demand from preventative maintenance regime. the national utility supplier Eskom, which will be to the benefit of the grid in the vicinity, and by extension local communities that feed off the same supply," said Sun City General Manager, Brett Hoppé.

The installed plant will displace an equivalent of

From a sustainability perspective, the solar plant will see Sun City reduce its annual CO2 equivalent emissions by an estimated 2,510 tons per annum, a positive contribution to mitigate against climate change into the future.

"This is one of the many initiatives that Sun City in particular, and Sun International, are rolling out to reduce energy use both from a supply and demand perspective. Efficient lighting, HVAC retrofits and reconfigurations, water-heating and a gradual move to renewables all form part of the plan," said Hoppé.

"Sun International's sustainability approach ensures

providing memorable experiences for Located along the border of the Pilanesberg National Park, PV modules installed on the roof of the Sun City hotel, our guests, providing employment to feed the power produced on the roof to the points of operate and making sure we reduce our time."

The investment will pay for itself within five years, driven by above-average annual expected lifespan of beyond 25 years

"Give social workers jobs," - DA

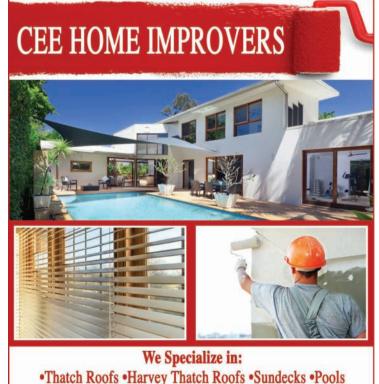
BONUS - RUSTENBURG There are some 9000 unemployed social workers South Africa the Department of Social Development (DSD) has failed to fill 1 279 vacant posts across the country.

"The DSD is not filling vacant posts, depriving the vulnerable of essential services," said Bridget Masango, Democratic Alliance (DA) Shadow Minister of Social Development in a statement last week.

She called on the Minister of Social Development, Lindiwe Zulu, to urgently implement measures to fill the vacant social worker positions and address the shortages.

Masango said that, in the Free State, 101 posts have been vacant for eight years, while the Eastern Cape and KwaZulu-Natal have failed to fill their respective 151 and 107 vacancies for five and four years.

The other provinces have had vacancies for between six months and two years. This was revealed by the Minister of Social Development, Lindiwe Zulu, in answer to a written parliamentary question from the DA.



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Not the **Promised**

Shevlyn Mottai's Kala Pani is a powerful debut. What the story is about: In 1909, four women board a ship in Madras to cross the Kala Pani, the 'black water', to Natal.

Lutchmee, a young widow, has escaped her vengeful mother-in-law and selfimmolation on her husband's funeral pyre. Vottie, from the Brahmin caste, is an educated girl whose abusive husband tries to hold on to his caste

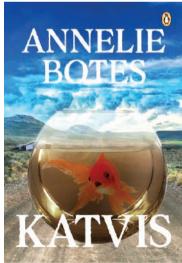
at all costs. Chinmah, heavily pregnant when she boards the ship, is married to an older man as part of an unpaid debt. Dazzling but shy Jyothi is single. On board the ship, the women will form friendships and alliances. They will help each other through trial and trauma, even after they arrive and are separated. Like many Indians desperate to escape unbearable conditions in their home country, these women are only too eager to believe what they've been told: that a better life awaits them in South Africa, where caste doesn't matter, food is plentiful, and liberty will be theirs after just five years. But the reality of life on the plantations reveals the truth about the crossing: that it is usually a one-way journey, rife with misery, and that the hardship doesn't end after the ship has dropped anchor in Durban harbour. The epic stories of these immigrants – the brave, the bold, the kind; the weak, the cruel, the cowardly – are woven into the fabric of South Africa's Indian population today. With this tale, Shevlyn Mottai has drawn on her ancestors' history to highlight the bonds formed between women during adversity, and to celebrate their journeys of tragedy and triumph. The writer was born in Pietermaritzburg in 1976 and descends from Indians who were part of the diaspora to South Africa, her forefathers having arrived in Natal through indenture in 1906.



Annelie op haar beste

Annelie Botes is een van Suid-Afrika se gewildste Afrikaanse skrywers. Sy is bekend daarvoor dat sy nie terugdeins van omstrede onderwerpe (Thula-Thula) nie, maar dat sy ook dié kwessies (Raaiselkind) met insig en deurnis aanpak.

Aanhangers moes lank wag vir haar nuwe boek, Katvis, maar die wag was dit deur en deur werd. Hier is 'n lusmakertjie: Sy gee voor om dit nie te sien nie. Volg hom woordeloos teen die halfskemer sementtrap af. Aan die onderpunt van die trap sluit hy 'n groengeverfde deur oop en staan opsy. "Step inside your temprorary parlour," en hy maak 'n galante buiginkie. Sy tree onseker vorentoe. "Waar skakel ek



die lig aan?" Die volgende oomblik tref 'n hou haar teen die rug, so hard dat sy handeviervoet in die donker op die vloer beland." Waaroor die storie gaan: Ná twaalf hellejare aan die sy van die narsissistiese patologiese leuenaar Gerhardus, kry Marja via die internet 'n pos as bestuurder van 'n gastehuis in die distrik van Maclear. Sy vlieg weg van haar armoedige grootwordjare en die leë vertoon van haar getroude lewe tot diep in die Oos-Kaap waar haar ma of eksman haar nie kan opspoor nie. Na 'n plek waar sy op 'n bergkrans wil sit, vir die grysduikertjies viool wil speel en tot verhaal kom. Maar wat Marja hier vind, is sy dalk nie opgewasse voor nie. As sy wil oorleef, moet sy hoop sy het bietjie van haar ma se tierwyfie-mentaliteit geërf. Katvis, wat deur Penguin Random House SA uitgegee word, is reeds - kort na vrystelling - 'n topverkoper.

NETFLIX: People are watching

BONUS - RUSTENBURG - With the cold setting in, people are spending more time indoors. And while they are there, they are tuning into these shows on NETFLIX:

The most The Witcher: Season 3 **NETFLIX** are: Glamorous

Catching Killers: Season 3

CoComelon: Season 8

Season 1

Sleeping Dog: Limited Series

Never Have I Ever Season 4

The Surrogacy: Season 1

CoComelon: Season 1

Is It Cake: Is It Cake, Too?

watched movies on

The Perfect Find Extraction 2 iNumber Number: Jozi Gold

Family Camp Run Rabbit Run Fatale Extraction

Make Me Believe Through My Window: Across the

The Best of Enemies



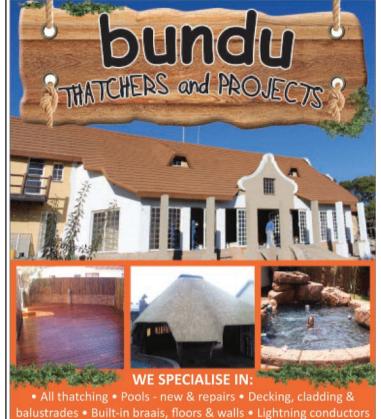
BirdLife Rustenburg

BONUS - RUSTENBURG - On Saturday 22 July, BirdLife Rustenburg will take part in the mid-winter water bird count at Rockwall, Kroondal and Olifantsnek Dams.

This forms part of the national CWAC (Coordinated Water bird Annual Count) initiative of Birdlife South Africa. This project was launched in 1992 and the objective is to monitor South Africa's water bird populations and the conditions of the wetlands which are important for water birds. Feel free to contact Charles Foot (073 452 3874) should you wish to learn more about Birdlife Rustenburg and would like to attend the events.



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Entries awaited in amateur Art competition

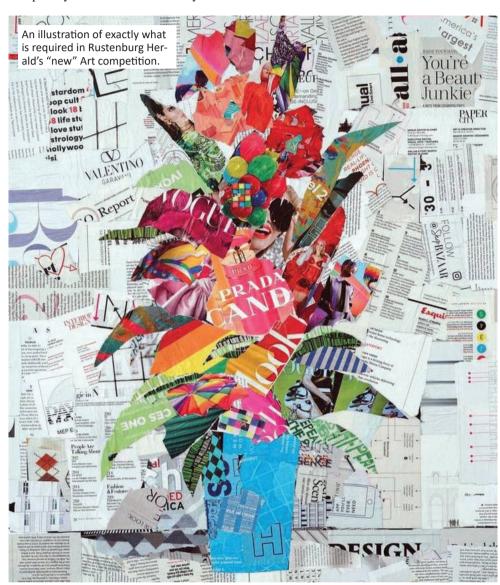
BONUS - RUSTENBURG - Great news for amateur artists is that the next round of our popular competition has officially kicked off on Monday, 3 July. Two cash prizes of R1 000 each and two Pick n Pay shopping vouchers to the value of R10 000 each can be won in the Art competition.

To enter - remember the following:

Look for the entry form printed in every week's edition of Rustenburg Herald. Complete this and attach it to your artwork which could be any full page in Rustenburg Herald provided that the name of the publication and the date are clearly visible. You are welcome to paint the full page with a base colour in white, black or any colour your prefer and to work on the base coat to complete your artwork. You may enter as

many artworks as you wish and there is no entry fee. Keep watching Rustenburg Herald and Bonus for regular news and/or updates on the competition. You can "post" your entries in the entry boxes at the two Pick n Pay stores which are clearly marked "Art competition" at the art display boards in both Pick n Pay stores.

The closing date will be announced at a much later stage. Good luck with your entries.





Chocolate to curb the cold



BONUS - RUSTENBURG - There is no two ways about it: It's cold outside. But we can help you to warm up your insides with the ultimate cold weather comfort — rich, creamy hot chocolate with marshmallows and Amaretti biscuits.

You will need:

500 ml full cream milk,

1 tsp (5 ml) Vanilla Extract

5-6 Tbsp (75 ml – 90 ml) Hot Chocolate powder

6 white marshmallows (sliced into pieces)

2 amaretti biscuits, roughly crushed

2 glacé cherries, to garnish

1-2 tots (15-30 ml) Amaretto or cherry liqueur (optional)

Method:

Place the milk and Vanilla Extract into a saucepan and bring to a simmer.

Remove from the heat and whisk in the

Hot Chocolate until completely dissolved.
Add the liqueur according to taste.

Pour into mugs and top with marshmallows and crushed Amaretti biscuits.

For an extra special touch, lightly toast the marshmallows using a kitchen blowtorch. Garnish each hot chocolate with a glacé cherry and serve immediately



Celebrate World Emoji Day with the Absa Run Your City Series!

BONUS - RUSTENBURG - Runners and walkers, and anyone with a sense of humor, are invited to take on the Absa Run Your City Series' 'World Emoji Day' Strava Challenge on Monday 17 July between 05:00 and 23:00.

"We're excited to invite runners and walkers to sign up for the Absa Run Your City Series' World Emoji Day Challenge on Strava," says Michael Meyer, Managing Director of Stillwater Sports and Founder of the Absa Run Your City Series. "This Challenge aims to inject fun into the running experience, aligning with our belief in the sheer enjoyment of the sport. While participants can complete a distance of their choice (minimum 5km), the real challenge lies in selecting the emoji that encapsulates their unique running persona."

"We're looking for lots of colour, excitement and creativity," continues Meyer. "The Challenge will take place between 05:00 – 23:00 on Monday 17 July. Runners can choose their own distance (5km or more), location and route. Remember to capture and share your activities, routes and photos to the Run Your City Series Club Page on Strava. Don't forget to include #RunYourCity

#FueledbyNitro. A pair of magnificent Puma Nitro running shoes is up for grabs."

Absa Run Your City Series Running Club on Strava/World Emoji Day on Monday 17 July between 05:00 - 23:00. Runners are to "join" the Run Your City Series Running Club on Strava: https://www.strava.com/ clubs/rycs; if runners have not done so yet, they will need to create a Strava Account before they can join the club; runners are to join the World Emoji Day event on the Run Your City Series Running Club by clicking on the orange "I'm in" button displayed next to the Event listing; runners must record their run using a smartphone (Android or iPhone device) or smart watch (Garmin); all activities logged during the event period must be uploaded to Strava no later than 23:00 on Monday 17 July.

For further information please visit https://runyourcityseries.com/.



South African and Ugandan jointly win 2023 Africa Prize for Engineering Innovation

BONUS - RUSTENBURG - For the first time, two innovators win the Africa Prize for Engineering Innovation: South African Edmund Wessels and Ugandan Anatoli Kirigwajjo.

Wessels, the second South African to take home the award, wins with a novel device for women's reproductive health and Kirigwajjo, the second Ugandan to take home the award, wins with a low-cost digital security network that connects neighbours and the police.

Kirigwajjo wins with YUNGA, a local digital security network that connects neighbours to each other and police within a 20 kilometre radius through a physical device, smartphone app or SMS service, providing security at low cost. Nearly 1,000 households in 30 communities across central Uganda are already on the YUNGA network, which has successfully prevented around 130 break-ins and related crimes. The team is aiming to connect 32,000 households across Uganda in the next two years. He and his co-founders, Kawesa Nasser and Kasoma Fredrick, say that winning the Africa Prize will give their business exposure in new markets across Africa. "It will open the door to additional resources such as investments and stakeholder partnerships. The prize

money will allow us to add more than 1,000 households to the YUNGA network, with a focus on women-led homes, which are more vulnerable to crime in low-resource settings. This is an invaluable opportunity in our efforts to scale up," adds Kirigwajjo.

Wessels wins with FlexiGyn, a batterypowered, portable handheld device that enables gynaecologists to diagnose and treat women's uterine problems without anaesthetic or expensive equipment. It aims to increase women's access to reproductive healthcare, particularly in remote areas. "My co-founder, Chris Meunier and I aim to bring healthcare to a woman's doorstep, precisely when and where they need it. FlexiGyn is portable, intuitive and user-friendly, allowing gynaecologists to offer quality screenings and timely interventions regardless of the patient's location or lack of medical infrastructure. At the same time, it is designed to minimise discomfort," says Wessels. "We are excited beyond belief to win the Africa Prize and know that this will help to get our name out and find the right partners to complete FlexiGyn's journey."





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Eenheid geskik vir 'n enkeling of egpaar. Moenie hierdie unieke geleentheid deur u vingers laat glip nie!

Skakel Lynette op 082 877 0231





Louis Meinties is in great form in this year's TDF and finds himself in 12th position in the General Classification after the first week and especially a grueling Stage 9 on Sunday. For the riders Monday was a well-deserved rest day with Stage 10 beginning on Tuesday. Look out for articles and photographs of Louis and fellow riders on Rustenburg Herald's website - www. rustenburgherald. co.za



BONUS - RUSTENBURG - Rustenburg's Louis Meintjes is doing very well in this year's Tour de France probably the biggest sporting event in the world in terms of spectators.

Sunday (9 July) saw one of the biggest challenges in the 2023 TDF with Stage 9 from Saint-Léonard-de-Noblat to finish on top of the gruesome climb Puy de Dôme over a distance of 182.4km.

The Puy de Dôme is a relatively "young" (11 000 years old) volcanic dome in the Chaîne des Puys region of

Johannes Meintjes - father of Louis Meintjes who is still a proud Rustenburg resident and Rustenburg Herald/Bonus' correspondent on Louis' progress in the Tour de

Massif Central (the Massif Central is the second mountain range in this year's TdF). The final 4 km spirals to the top of the Dome where the some of the region's most

important

communication installations are situated. There was an early breakaway of 14 riders that did not threaten the GC riders. The breakaway was allowed to build up a lead of more than 16:10 with 12 km to go. The peloton however began to increase the pace as the first breakaway rider reached the bottom of the final climb. It was painful to watch the cyclists accending to the finish line. Michael Woods, from the breakaway, was first over the line 8:19 ahead of the GC contenders.

Herewith the results of Stage 9

1	WOODS Michael	04:19:41
2	LATOUR Pierre	00:28
3	MOHORIC Matej	00:35
13	POGACAR Tadej	08:19
14	VINGEGAARD Jonas	08:27
15	YATES Simon	09:10
23	PINOT Thibaut	10:25
24	MEINTJES Louis	10:25
	0 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	

Louis finished the stage in 24th position. He moves up to 12th position in the GC competition. Wonderful news for the cyclists after such a grueling stage is that Monday (today) marks the first of only two rest days in the TDF. Tomorrow will see the riders rising fresh and well-rested for the start of Stage 10. See this week's Rustenburg Herald for the latest news as the tour is making progress.

Louis Meintjes with Adrien Petit at the start of stage 8 on Saturday.

Wimbledon on course for thrilling final week

BONUS - WIMBLEDON, LONDON - Monday this week saw the Wimbledon Tennis UK against Stefanos Tsitsipas of Greece (5) Tournament at the All England Lawn Tennis Club progressing into its final week with several Round 4 matches completed over the weekend. Surprisingly almost all favourite and top-seeded players were still on course for a showdown towards the quarter finals and semi finals this week.

Saturday and Sunday will see the final clashes of both the women's and men's single competitions and in terms of predicting a winner it is virtually impossible because so many favourites and possible winners were still in the run for the trophy and All England Lawn Tennis find itself in the proverbial no man's land on Monday morning.

Despite a number of "close encounters" this year's tournament has produced no major upsets so a showdown is definitely on the menu. Sunday saw Russian No 7 seed Andre Rublev scraping through a tough five setter match against

Alexander Bublic (23) of Kazakhstan with 7-5; 6-3: 6-7; 6-7: 6-4 - definitely one of the highlights of the weekend. Saturday saw another show stopper in the men's division with Daniil Medvedev (3) struggling at times to break Hungary's Fuchsovics - the Russian got the upper hand eventually with 4-6; 6-3;

In the Women's division the day's play was even a bigger thrill for Ladies top seed Iga Swiatek (Pol) who had to save two match points against No 14 seed Belinda Bencic of Switserland with 6-7; 7-6; 6-3 to reach the next round. In another Round 4 match, the USA's Jessica Pegula (4) had no trouble in overcoming the unseeded Lesia Tsurenko of the Ukrain.

A match which was yet another thriller was between former two time champion but currently unseeded Andy Murray of the which lasted the full five sets with Tsitsipas winning with 6-7; 7-6; 4-6; 6-7; 6-4 earlier on during the Round of 64 players. Also on Sunday the Tournament No 2 Novak leading by two sets against H Hurkacz (17) of Poland. At least three top seeded women's players, E Rybakina (3), A Sabalenka (2) and Ons Jabuer (6) were to be in action in Monday's play. See follow-up reports in Rustenburg Herald of this week.



