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Rustenburg's Dijana dishes up **Comrades win** - p12





Domestic workers urged to report non compliant employers

BONUS - RUSTENBURG - The Department of Employment and Labour has called on domestic workers, who continue to be paid below the national minimum wage (NMW), to report such violations to the department.

The department's Deputy Director: Advocacy and Stakeholder Relations, Caroline Kwetepane, said three years since the introduction of the NMW, some employers are still exploiting and violating the law by underpaying domestic workers.

In addition to being underpaid, domestic workers are still not given contracts of

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employment, not handed pay slips, not registered for injuries, not registered for Unemployment Insurance benefits and not extended leave benefits, among other violations," she said.



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BONUS - RUSTENBURG - On Friday (26 August) the Bojanala District Sub 2 led by the Acting Commander Brigadier Regina Ntoagae in partnership with various government departments, Rustenburg Local Municipality, Royal Bafokeng Reaction Unit, Road Traffic Infringement Agency, Transnet, Women in Mining and local Pastors Forum amongst others joined hands in marching against gender based violence and femicide by handing a memorandum at the Rustenburg Magistrates Court.

The memorandum was handed and accepted by the Rustenburg Senior Magistrate.

FREE advertisements

BONUS - RUSTENBURG - By now it should be old hat that Rustenburg Herald's website smalls is a success story and a valuable service to the community...

The smalls service has been lauded by a surprising number of advertisers who all attest to the smooth operation and effectiveness of the service. "Payment is briskly and trouble-free while the "forum" also seems to have more than the expected number of users per day. One of many clients reported that her unwanted household goods were sold within the first week of advertising. "I was somewhat sceptical at first but surprisingly everything went as smooth as a feather and my unused items were sold in just a day or two". The website smalls is very convenient considering the price of fuel lately". Items such as unused cycling shoes, golf clubs, other sporting equipment, bicycles, motor spares and camping equipments have find happy new owners with minimum effort. "Keep it up - "I will remain a customer provided advertising fees remain reasonable" a happy client said.

The first 15 words are free with a small fee of R1.50 per word charged once you exceed the 15 words. Go ahead, make money by booking a small's advert now! Visit our website www.northwestnewspapers.co.za and follow the instructions. You can also come to our offices to place your add.

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BONUS - RUSTENBURG - Come and enjoy a wonderful evening at the "Boeremusiekgilde" Rustenburg branch Dance on Saturday 3 September at 18:00 - 23:30 at the Rustenburg Bowling Club (in Fatima Bhayat Street across from Laerskool Rustenburg).

Enough safe parking available and dress is semi-formal. Entrance: R60 for non-members, R40 for members and R20 for high school learners. Cash bar available, bring your refreshments, coffee and tea will be provided. For more information please contact Corrie at 083 268 9445, Koos at 082 563 7725 or Annatjie at 060 920 9487.



istenburg

Contact us: Tel: 014 592 8329 Fax: 014 592 1869 E-mail: mailbag@rustenburgherald.co.za Address: 13 Coetzer Street, Rustenburg, 0299

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Hijacking trends, methods to look out for

BONUS - RUSTENBURG - While some hijackings are meticulously planned, others are opportunistic, with hijackers taking advantage of being at the right place, at the right time, according to a well-known insurer

Quarterly data published by the South African Police Service (SAPS) earlier in August showed that they are struggling to deal with violent crimes - including murder and hijackings across the country.

The data showed that a total of 5,866 hijackings were reported across the country between April and June 2022 – a 14% increase from the 5,146 hijackings reported over the same period the previous year.

Be vigilant

People on their way back from shopping malls make for ideal targets, as they usually carry cash or cards that could be an added "bonus".

Hijackers will often force their victim to share the PIN to their bank card, sometimes holding them hostage to ensure that the PIN provided is correct, and/or to make multiple withdrawals.

Hijackers will follow a target at a distance, later moving closer and striking at a traffic light. They often use the strategy of bumping into their victim and making them think that it is an accident to get them to exit their car.

Driveways are also a prime hijacking hotspot, where hijackers typically box in a victim before the access gate is completely open.

The most common hijacking trends in the country:

* The blockage method – pouncing on victims when deliveries are made, keeping security gates open and forcing those inside the property to comply with their demands.

This tactic is also used on narrow roads, where there's little or no space for the victim to escape

* The imposter method – on the road, at homes and at businesses – posing as officials to get people to pull over or grant access to their properties.

* The Good Samaritan method – convincing targets that something is wrong with their vehicles or taking a vehicle's number plate or another accessory when the vehicle is stationary, and then driving next to and showing it to their targets – as if they picked it up and simply want to return it – to get them to pull over.

* The test drive method – posing as a potential buyer who wants to test drive the vehicle but with no intention of returning it.

* The bumper bashing method – bumping into their victim's vehicle, making them think that it's an accident.

* The breakdown method – acting as if their vehicle has broken down, getting victims to pull over to help or to slow down to drive around them.

* Driveway hijackings – boxing in victims when entering or exiting their properties.

* The follow-me-home method – identifying a high-value target in a public space and then following them to a more opportune pouncing spot.

* The slow-moving traffic method – staking out a spot where traffic is moving slowly or following a target at a distance, later moving closer and striking at a traffic light.



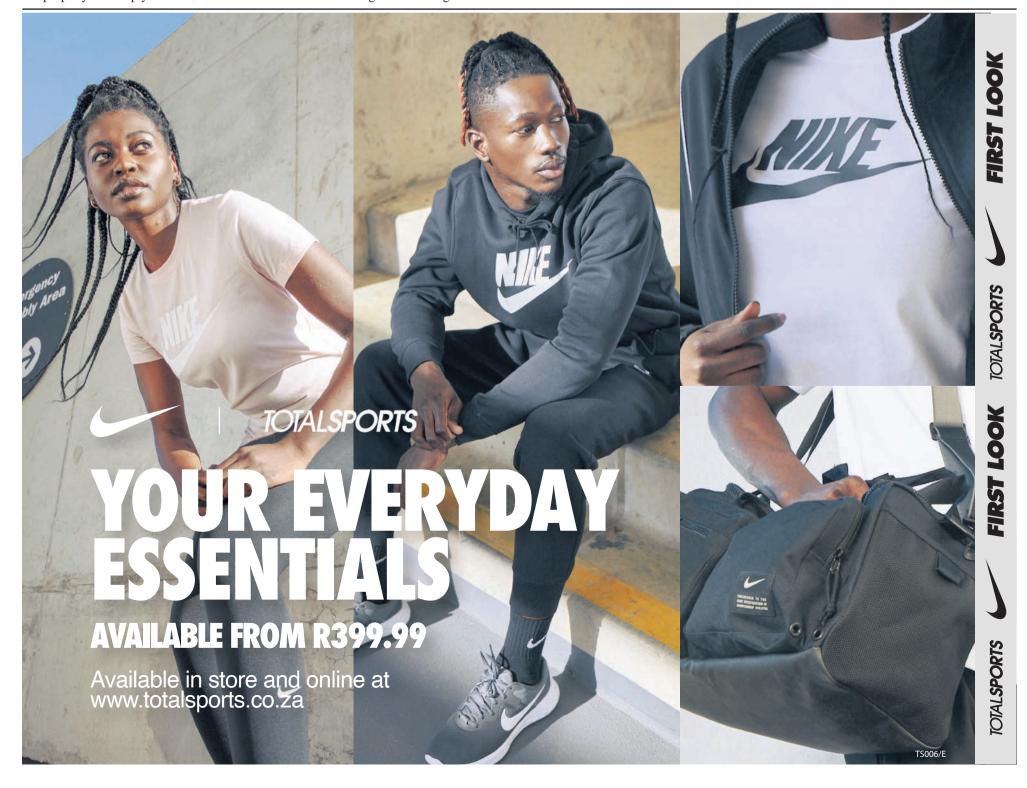
BONUS - RUSTENBURG - Former Transnet chief executive officer Brian Molefe and the parastatal's former finance boss, Anoj Singh, were arrested Monday morning (29 August) in connection with a R93-million corruption and fraud case linked to the procurement of 1 064 locomotives in 2015.

Two other people were also arrested.

Five people, including former Transnet group CEO Siyabonga Gama, have already been charged in the case.

The matter stems from a payment of R93-million to Trillian Capital, a Guptalinked proxy company, to secure funding for the purchase of the locomotives. The transaction advisory contract was initially awarded to global investment bank JP Morgan before the deal was cancelled. It was subsequently awarded to Trillian. The

estimated cost of the project ballooned from around R38-billion in 2012 to more than R50-billion. In its report, the Zondo Commission recommended that the police investigate Molefe, Gama and Singh for their alleged roles in siphoning money from Transnet to the Gupta family. A 2018 forensic report found that Molefe had misled the state-owned entity's board about its obligation to inform then-public enterprises minister Malusi Gigaba about the spike in the project's costs.





BONUS - RUSTENBURG - You cannot call any old wors 'boerewors'.

'Wors' now needs to meet a very specific set of standards to earn the title as 'boerewors'. Raw boerewors refers to a sausage sold under a name in which the word "boerewors" appears, either by itself, or in combination with any other word or expression.

That's the newest definition given to a firm favourite at South African braais by the Minister of Agriculture, Land Reform and Rural Development. Minister Thoko Didiza, in a government gazette published last week, introduced a host of new regulations to the Agricultural Product Standards (APS) Act.

These include various classes of raw processed meat products, specific compositional standards for respective meats, requirements for containers, and appropriate product names. The latest regulations distinguish between raw minced meat, burgers, bangers, grillers, and sizzlers, among others. Compositional standards relate to the fat content, additives, species, and ingredients permitted for use in specific raw processed meat products. Regulations in the APS Act now also deal with boerewors, defining what the South African staple is and what it isn't. Raw boerewors must be "manufactured from the meat of a domesticated animal of the bovine, ovine, porcine, or caprine species, or from a mixture of two or more thereof" and be "contained in an edible casing." Additionally, the boerewors must "contain no edible or inedible offal, except where such offal is to be used solely as the casing of the raw boerewors."

Boerewors sold in South Africa will also now need to have a minimum total meat content of 90% and a fat content of no more than 30%. Boerewors isn't allowed to contain mechanically recovered meat, defined as pulped material recovered by a process whereby bone and meat are mechanically separated, or any colourants. The only ingredients allowed to form part of the boerewors, in addition to the meat itself, are cereal or starch, vinegar, spices, herbs or salt, food additives, and water.

The difference between boerewors, braaiwors, species and mixed-species wors is also clearly defined within the latest regulations regarding the classification, packing and marking of certain raw processed meat products in South Africa.

> Raw species sausage or raw species wors is defined as "any sausage manufactured predominantly from the meat of a specific species of domesticated animals, birds, or wild game", while mixed-species wors refers to the mixture of the meat of two or more species.

Braaiwors or sizzlers must "be manufactured either from the meat of a single domesticated animal, bird or wild game species, or from a mixture of two or more of such species." It differs from boerewors in several ways, namely that braaiwors is allowed to contain edible offal, mechanically recovered meat, colourants, vegetable protein, and "other foodstuffs".

Braaiwors is also allowed to have a minimum total meat equivalent of 60% and a minimum total meat content of 40%, with a fat content of no more than 30%.

Rustenburg police visit Grenville High School

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Tyd: 19H00

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Based Violence (GBV) During Women's Month in August, the Warrant Officer Nkamane, Sgt Dipuo Sebetlele, Captain Augoustides and Sgt Letswete visited learners of Grenville High School, to warn them about the implications of statutory rape emanating from having sexual intercourse with an underage school learner. Learners were encouraged to refrain from embarking on serious relationships while still at school. Read more in this week's edition of the Rustenburg Herald.

Addressing Gender

MASSIVE PROMO

UNBEATABLE MONTH-END SAVINGS

AS SEEN ON TV





























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3ER39



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Tomato Punnets

Carrot Thriftpacks 1 kg 3ER39



Sweetcorn Punnets 4's 22R39



Baby Marrow Punnets

2ºR39

Red Sweet Potato Carry Pockets 2°R39



Green Bean Thriftpacks 2ºR39



Imported White **Grape Punnets** 999 each



Cabbages 22R39



Sweet C Naartjies 199



Imported Nectarine or Plum Punnets



Kiwifruit 3 R25



Banana Mini Boxes 999 each



Avocados

2999 each



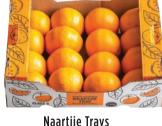
Ripe 'n Ready Avocados 4's



Papaya Prepacks 2ºR49



Bananas 999 per kg



Naartjie Trays 999





Fuji, Cripps Pink, Mahana Red or Royal Gala Apple Econopacks 1.5 kg 1999 each



Orange Pockets 22R49



3:R29

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FOOD LOVER'S

white

sugar

2 kg



Coke Range 1.5 L (Coke Zero, Fanta Orange, Sprite or Stoney)



Food Lover's Sugared Fruit Dainties or Lollies 500 g

2ºR80



Prunes (with Pit) 500 g



Nestlé KitKat 4 Finger, Chunky, Bar One 52 g, Smarties or Tex 40 g 6ºR50



Simba Potato Chips Assorted 120 g 4ºR50



Blue Ribbon Classic White Bread 700 g



Jungle Oats 1 kg



La Belinda Chopped or Peeled Tomatoes 400 g







Food Lover's Canola Oil 750 ml



Spekko Parboiled Rice 2 kg







2ºR50













-Anrich-doing well at Sondela

One of RCC's (Rustenburg Cycling Club) upcoming juniors this year has participated in the King Price Trailseeker at Sondela this weekend. Well done Anrich Barkhuizen with your fourth place u/16 youth category and overall 14th out of 542 cyclists who raced 42km.

Run Walk for Life at the Comrades





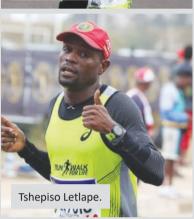




Johnny Young.







Brauhaus Afrika new

Brauhaus on 3 September after Brauhaus Afrika has acquired to rights to this popular event.

The Park Run will take start at 08:00. This will be the very first Park Run in Rustenburg since the lockdown as a result of Covid-19 and the organisers believe that this will be the first of many. With a brand new route meandering down towards the Olifantsnek Dam, the crisp and fresh morning air, the beautiful Magaliesberg mountains as backdrop and a pet friendly trail runners are set to enjoy a brand new experience. Please visit http:// www.parkrun.co.za/brauhausafrika/ for more information. Willing volunteers are invited to



Thomas Schlotfeldt (Brauhaus Afrika), Claude Johnson (Event director Koster) and Christian Schlotfeldt (Brauhaus Afrika). (Sibusiso Kekana - Park Run director was absent when the photo



In future Rustenburg's Park Run will be privileged to be hosted in the

host - remember the launch on Saturday, 3 September!

beautiful valley of the Olifantsnek Dam. Brauhaus Afrika will be the new

You can run, walk, or just stroll along at you own pace to enjoy the beautiful surroundings at Brauhaus Afrika. This weekend, Saturday, 3 September, sees the launch of the Brauhaus Afrika Park Run. The Park Run is scheduled for 08:00. Be among the first to make history!



This group of runners will be among dozens who will be taking part in the launch of the Rustenburg Park Run at Brauhaus Afrika on Saturday.





Naam/Name:	Ouderdom/Age:
Adres/Address:	Tel no:

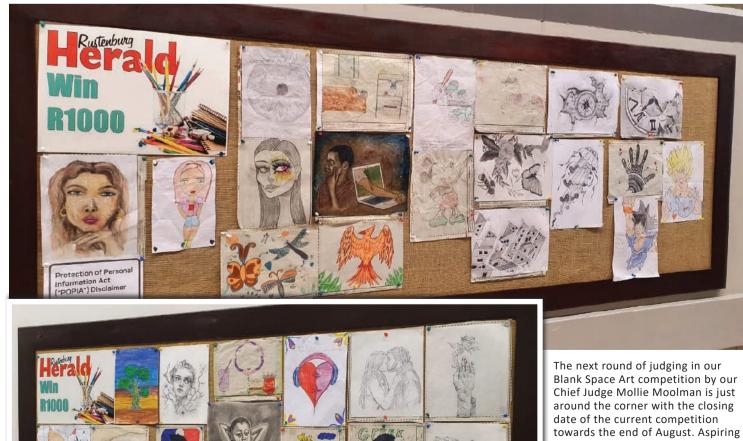
Who will win R1 000?

BONUS - RUSTENBURG - Entries are awaited in our third Rustenburg Herald **Bonus Blank Space Art competition for this** year.

Two new winners will be announced at the end of the month who will each win a cash prize of R1 000 sponsored by Rustenburg Herald and who will then advance to the final round of Grand Judging towards the end of this year when two overall winners will be announced. These winners will walk home with extremely valuable prizes in the form of two Pick n Pay shopping vouchers of R10 000 each, sponsored by Pick n Pay Greystone Crossing and Pick n Pay Beyers Naudé. Our readers will agree that this would be an excellent Christmas gift for any aspiring artist and his/her family.

Artists may enter art in almost any medium imaginable provided that they can fit into our standard "entry boxes" placed at Pick n Pay Beyers Naudé and Pick n Pay Greystone Crossing. Of course you can also enter at Rustenburg Herald's offices in 13 Coetzer Street. Please use the standard "Blank Space" page printed in Rustenburg Herald and Bonus regularly for your artwork and make sure that you complete the entry form at the bottom of the Blank Space with all the particulars required. It is important for our judges to have these when judging the entries in the competition.

Also please ensure that we can reach you on your cell (or a designated person) should vou be a winner otherwise another winner will be chosen. The closing date for the competition is 31 August 2022. Remember - there is no entry fee and you can enter as many artworks as you wish - good luck with your entries.



artists still have two weeks to prepare their entries.

Our display boards at Pick 'n Pay Beyers Naudé and Greystone Crossing clearly show the enthusiasm of our aspiring artists. Perhaps it's time for you to enter your work?

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BONUS - RUSTENBURG - Flags were flown high and proudly while fires of celebrations were lit yesterday when the North West Province and Rustenburg in particular emerged as the "big winners" of the 95th Comrades Marathon between Durban and Pietermaritzburg on Sunday.

The reason? Well, in probably the biggest ever runaway victory for Rustenburg and the North West Province, Rustenburg runners took the top honours by clinching 1st, 2nd and 3rd position overall in the men's division while Adele Broodryk, an expert in sports science at the Potchefstroom University, clinched 3rd place and the bronze medal in the gruelling women's racing on Sunday. Broodryk secured 3rd spot in a time of 6:26:34.

Rustenburg's heroes of the day were Tete Dijana - 1st in a time of 5:30:38, Edward Mothibi - a former winner in 2019 in 2nd with a time of 5:33;46 and in 3rd - Dan Moselkwa. Another former winner and current record holder, David Gatebe also from Rustenburg, didn't have a good run on Sunday and couldn't manage to finish among the top ten finishers. But he was not the only one - South African women couldn't manage to secure to the 1st and 2nd top spots with the Russian Alexandra Morosova winning in a time of 6:17:47 and Dominika Stelmach from Poland in 2nd in a time of 6:25:08.

Louis Meintjes clinches first ever Stage victory in Grand Tour

Louis Meintjes from Rustenburg, the first and only Rustenburg cyclist ever to have contested two of the world's Grand Cycling Tours - notably the Tour de France and currently the Vuelta Espana. After finishing 7th overall in the most recent Tour de France in Paris, Louis has managed to continue his excellent form by winning his first ever stage in a Grand Tour during Stage 9 on Sunday. Louis current finds himself in 16th position overall. The South African who is riding for Intermarché-Wanty-Gobert Matériaux finished the 171.4 km between Villaviciosa and Les Praeres in 4 hours, 32 min and 39 seconds.

