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# Rustenburg Herald's Bonus

19 APRIL 2021

## Admiring our mothers

Your mother's laughter is the first music you heard. She is your first home and she is the compass that will guide you along your path. Your mother is your first love, your first friend and even your first critic and sometimes your relationship will be bumpy. But not time, nor distance can separate you from your mother's love. Next week the Rustenburg Herald will carry a feature, especially for mothers. Glam Guru, Hannon Bothma will have advice for busy moms how to make the most of their looks with a few easy steps and he will be giving away three Hannon gift packs, each to the value of R2500. Do not miss next week's Rustenburg Herald for your chance to win. **If you would still like to book an advert for next week's Mothers' Day Special, turn to page 4 for information.** Our beautiful front page mom is Annette du Toit (second from left) and her lovely daughters Channelle (left) and Maryke. The little ones are Channelle's baby boy Daniel and Maryke's kids, Markus and Anri. (Photo: Unique Trio)

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# Vaccine registration for senior citizens open

**BONUS - RUSTENBURG** - Government on Friday (16 April) launched the Covid-19 vaccine online registration for the public as the Department of Health gears up for phase two of the country's vaccine rollout.

According to Health Minister, Dr Zweli Mkhize, the Electronic Vaccination Data System (EVDS) is now available to the general public and all citizens aged 60 years and above are invited to register for vaccination.

He said citizens must have their ID, medical aid card and ensure they put in the correct cellphone number and residential address where they live. This is how one can register:

Make sure you have internet access;

you will need a smartphone, a tablet or a computer; connect to the internet and go to [vaccine.enroll.health.gov.za](http://vaccine.enroll.health.gov.za). The welcome screen will guide you through the steps; follow the instructions and put in all the details the system asks for; When you are finished, the system will send an SMS to the phone number you provided. This means that the system now has your details in a queue to be scheduled for your vaccine; you will then receive an SMS with a date and the place where you will be vaccinated. You will be sent to the vaccination centre that is closest to your home. Some of you may be directed to your place of work; if you have problems you may contact the COVID-19 Hotline at 0800 029 999 and citizens will be provided with a proof of vaccination card and receive a confirmation SMS on their phone.



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# Spectacle collection campaign success



JST Eye Clinic department staff.

**BONUS - RUSTENBURG** - Job Shimanakana Tabane Hospital ran a campaign on Saturday (17 April) and Sunday (18 April) for members of the public to collect their spectacles.

The campaign was specifically targeted at people who had their eyes examined at the hospital during the period April 2019 to October 2020.

The campaign was prompted by the difficulty in reaching patients directly through their contact details. Overall, the campaign was a success and the JST eye clinic department would like

to extend their gratitude to members of the public who adhered to the call to come and collect their spectacles.

Furthermore, members of the public who have not yet collected their spectacles are encouraged to contact the eye clinic department on 014 590 5148 to make arrangements for the collection of their spectacles.

## Advertising in the Herald is a sure thing, just ask James

**BONUS - RUSTENBURG** - "One moment I still had to put up with my old exercise bike taking up space, the next moment I was taking my girlfriend out for dinner!"

James le Grange is very impressed with the results he got after placing an advert in the Rustenburg Herald to sell his exercise bicycle.

"It was so easy to place the advert. I went to the Herald's webpage at <https://www.northwestnewspapers.co.za/herald/> and selected the 'Classified Advertisement' section. From there I just follow the simple steps to place my advert. And, because it was only 15 words, it was free," explains James.

Sitting with stuff that clutter up your home? Be like James and place a classified advertisement in the Rustenburg Herald. For 15 words or less, your advert will be free. If your advert contains more than 15 words, you pay only R1,50 for each extra word.

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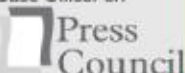
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E-mail: [mailbag@rustenburgherald.co.za](mailto:mailbag@rustenburgherald.co.za)  
Address: 13 Coetzer Street, Rustenburg, 0299

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# Man survives bakkie fall in Rustenburg

**BONUS - RUSTENBURG** - A 21-year-old man is lucky to have survived with only minor injuries after his bakkie plunged 50 meters down a cliff face from a lookout point in Safari Gardens, in Rustenburg on Thursday (15 April). Due to the semi-remote location, it was only later that evening at around 21:00 that people heard his cries for help.

According to information received from Ross Campbell, ER24 spokesperson, paramedics arrived on the scene at 21:15 and could hear the man, but could not see the vehicle due to the thickness of the foliage at the bottom of

the cliff. A decision was made to try and reach the man from the bottom of the mountain. By this time the Fire Department was on scene and they and paramedics cut through the bush, managing to reach the bakkie by around 22:15. The door of the bakkie was forced open and

the patient examined. Luckily he was found to have only suffered minor injuries and was able to then walk out with some help to the waiting ambulance. The man was then treated and transported through to a private hospital for further care.

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## Join in the 'Around SA in 80's days' tour

**RUSTENBURG HERALD - RUSTENBURG** - A group of intrepid travelers have set out from Rustenburg on 5 April.

Their mission: to travel right along the borders of South Africa in their 1980's vehicles. Their aim: to raise money for three very deserving local charities. Thomas Schlotfeldt, from Brauhaus Africa, has had the dream of undertaking this journey for a while now. But with life being busy, it seems that this challenge stayed one step out of reach. But after the year 2020 was, he decided

that tomorrow is not a given, and 'one day' will never arrive if you do not set your aim for it purposefully. "We wanted to spread a message of hope and of resilience. We as South Africans - like many around the world - went through a really tough time last year and we need to be reminded that we have overcome a lot already and that we should look ahead now," says Thomas. He spoke to

his good friend Robbie Elske and the two then started their planning for this journey.

But, adds Thomas, they did not just want to spread hope along their travels, but they also wanted to bring hope back home as well. That is why they identified three local charities to benefit from the journey: The Kroondal Home for the Aged, the 'Happieklub' of Laerskool Rustenburg and the Tshupi Hospice in Tlhabane. Rustenburg Herald is bringing you a daily video update of the journey.

Tune in every day to be part of the adventure. Thomas and Robbie are accompanied by well-known musician, Henning Joubert and along the route some other famous faces also joins in the fun.

## In honour of mothers

**BONUS - RUSTENBURG** - She is the one who will love you, even when you do not actually like yourself.

Your mom is the one who will give you the confidence to face the world on your own because she believes in you. She is the one who will fight for you, who will use the last bit of her own strength in order to protect you. You can tell your mom you love her every single day of your life, yet you will feel as if it is never enough to repay her for all that she's done for you. But the wonder of moms is that they do not expect anything in return for their love and care.

On 28 April Rustenburg Herald

will publish a special supplement to honour mothers. The good news is that advertisers will receive huge discounts for this supplement. Adverts that usually cost a couple of thousand rand, will, for this supplement cost you from just R200!

But to make use of this offer, you will have to book your advert immediately - it's selling like the proverbial hot cakes. Contact Heleen (083 719 6625), Philip (082 470 5713) or (Annette (072 204 6133) for more information.

## Beware of attacks at cemeteries

**BONUS - RUSTENBURG** - In the times we are living in, there is danger in almost everything and the danger often lurks where you least expect it. Pensioners and the aged are often victims of attacks or robbery in broad daylight.

It is worrisome that attacks on people visiting the graves of their loved ones have become common - especially at around dusk or when people are not accompanied by others. Beware of unscrupulous people - do not visit any of the Rustenburg cemeteries at around sunset or especially if you are not accompanied by friends or family members. A notable increase in these type of attacks have been reported to the police in Rustenburg lately.

# COVID-19

PRECAUTIONS

Don't touch your eyes, nose or mouth with unwashed hands

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# First judging of Blank Space art awaits - R1 000 to be won

**BONUS - RUSTENBURG** - Artists who have submitted entries in our Rustenburg Herald/Bonus Blank Space Art competition in conjunction with Pick n Pay Rustenburg (Greystone and Beyers Naudé branches) have something exciting to look forward to. Within weeks we will announce the first two quarterly winners in this year's competition who will both be winning a cash prize of R1 000 sponsored by Rustenburg Herald.

In addition and obviously more importantly, the names of these two artists will be in the "hat" from which the two overall winners of the annual competition will be drawn - albeit following a final judging by our Chief judge - Dr Carel van Heerden of Rustenburg. It is old hat that both these overall winners will win valuable shopping vouchers to the value of R10 000 each sponsored by Pick n Pay Beyers

Naudé and Pick n Pay Greystone Crossing. Remember - the closing date for the competition is 24:00 on Thursday, 6 May. Amateur artists are invited to submit their entries in the entry boxes at Pick n Pay Greystone Crossing, Pick n Pay Beyers Naudé or the offices of Rustenburg Herald/Bonus in 13 Coetzer Street, Rustenburg. Good luck with your entries!



It's a new year with new challenges and one of those will be to come out tops in Rustenburg Herald's Blank Space Art competition. Total prize-money to the value of R22 000 will be up for grabs to two winners. You can enter at Pick n Pay's Greystone Crossing, Pick n Pay Beyers Naudé and reception at Rustenburg Herald's offices in 13 Coetzer Street Rustenburg. This delightful entry is by Lynette Janse van Rensburg of Wigwam Retirement Village.

Don't be fooled - in addition to the R1 000 cash prize to two quarterly winners in our Blank Space Art competition, there is a main prize of two Pick n Pay Shopping vouchers to the value of R20 000 up for grabs in the final grand judging at the end of the year. If you have great talent in art, this is your chance to win big money!





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Akani Simbine retained his 100m crown at Tuks Athletics Stadium in Tshwane on Friday. (Photo Credit: Reg Caldecott/TuksSports)

Wayde van Niekerk (photo:www)

# South Africa's best athletes set sights on Olympics

**BONUS - RUSTENBURG** - The Tokyo Olympics are less than 100 days away. The worldwide Covid pandemic caused the games to be postponed for a year and for athletes across the globe, the impact of lockdowns on their preparation has been devastating.

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It is also true for the cream of the crop of South African athletes. A week on from Swimming South Africa holding its national championships behind closed doors, Athletics South Africa followed suit in Tshwane this weekend. Star athletes such as Wayde van Niekerk, Caster Semenya and Akani Simbine showcased their skills during the event. Van Niekerk is continuing his comeback after returning from a potentially career-ending injury. There were fears that the 400m Olympic champion and world record holder would not be present at the University of Pretoria event. He was scheduled to travel to the US to begin his training for the Tokyo Games, but problems with his visa and some Covid-19 restrictions put off his departure. The 28-year-old made the most of the delay as he comfortably won the men's 200m crown in 20.38 seconds. He skipped the 400m race, won by KwaZulu-Natal's Zakithi Nene in 45.54 seconds. Deline Mpiti conquered the women's version in 52.78 seconds.

On the advice of his coaching team, Van Niekerk has forgone competing in his favourite distance for now, only competing in 100m and 200m races as he continues to recover from a knee injury that almost shattered his career.

On whether he'll attempt to qualify for both the 200m and 400m races in Tokyo, Van Niekerk hinted that it was unlikely. He did it once before, at the 2017 world championships, returning with silver and gold in the respective distances. But that was before the injury.

Van Niekerk's fellow gold medallist at the last Olympics in Rio de Janeiro five years ago, Caster Semenya, was also present in Tshwane. The double Olympic 800m champion was also competing in another distance, the 5,000m. On her way to victory in the race, she recorded a personal best time of 15:52.28. However, the time was more than 40 seconds off the benchmark for Olympic qualification in the event.

The 30-year-old has until 29 June, the deadline for all athletes, to try for an Olympic qualifying time. In the 100m race, Akani Simbine claimed the national crown with a sub-10-second time of 9.99 seconds. Reabetse Moloi was crowned the new 100m women's champion. Le Roux Hamman claimed the men's 400m hurdles title with a time of 49.70 with fellow Olympian Wenda Nel taking the women's version in 55.60, just missing out on setting a qualifying time for Tokyo. In the men's shot put, Kyle Blignaut and Jason van Rooyen continued their domestic rivalry in a hard-fought battle. Blignaut ultimately came out on top to win the final with a 20.82m heave, with Van Rooyen settling for the runner-up spot (20.60m). South African athletes who have provisionally qualified for Tokyo Olympics thus far is:

Clarence Munyai (200m), long-distance runners Elroy Gelant, Desmond Mokgobu, Gerda Steyn and Irvette van Zyl, Ruswahl Samaai, Cheswill Johnson (both long jump), Wayne Snyman (20km walk), Zazini Sokwakhana (400m hurdles) and Antonio Alkana (110m hurdles).

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