

Get your Agri-Pulse this week; it's hoot!

Find this month's edition of our agricultural supplement, Agri-Pulse inside this week's Rustenburg Herald - out on Wednesday. This month's Agri-Pulse is jam-packed with interesting, and informative stories. Read the captivating story about how three loudmouth baby barn owls had to be relocated in order to save them. (Photo: Magda Scholtz)

THE BEST IN FRESH, GUARANTEED!



Tomato Thriftpacks 1 kg 2forR25



Lemon & Naartjie Thriftpacks 2forR25



Apple Econopacks 1.5 kg: Royal Gala, Cripps Pink, Fuji, Starking, Golden Delicious, Granny Smith, Mahana Red 19.99each



Sweet C Naartjies 19.99per kg





BIG DEAL VEG COMBO 79.99 1 x Potato Pocket 7 kg & 1 x Onion Bag 3 kg class 1 7 kg class1











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On Friday (31 July) the Member of the Mayoral Committee (MMC) responsible for IGR and Special Projects at the Rustenburg Local Municipality (RLM) Cllr Nosipho Babe welcomed and presented food parcels and gifts to Godisang Home-Based Care at Monakato township. This gesture was part of Mandela Month celebration and was part of the activities which took place in different locations around Rustenburg as the initiative of the Department of Mineral Resources and Energy, geared towards supporting the disadvantaged and needy families. According to a statement from the municipality the DMR has mobilised mining

houses, namely, Glencore Ferro Alloys, Royal Bafokeng Platinum, Impala Platinum and Bakubung Platinum to supply the requisite resources towards this initiative in partnership with the Rustenburg Local Municipality.

Queen of Africa continues on giving



2020, visited the Tirelong Secondary School in Kroondal, the Makweleng Primary School and the Moubana Motsei Intermediate School during the July month, to donate Dignity Dreams washable Packs to girls.

panties, Ziploc bag and instruction pamphlet.

The pads will last the girls for a period of four to five years with proper care. This is a sustainable solution to keep girls in school during their menstrual cycles and reduce absenteeism.

Boitshoko Naledi Ramaboea Foundation and Alina Motene's Princess and Queen Project has been supplying girls and women in less fortunate families with these washable pads in Rustenburg and the Moses Kotane since 2018 to the current date.

"It warms my heart to know that all young women that have



BONUS - RUSTENBURG - The MEC for the North West Community Safety and Transport Management, Honourable Sello Lehari, in partnership with the Rustenburg Local Municipality led the disinfection of the Rustenburg Taxi Rank on Thursday morning (29 July).

He was accompanied by the Member of Lucky Kgaladi. This initiative was part of Mayoral Committee (MMC) responsible for Roads and Transport in Rustenburg Cllr

MEC for the North

West Community

Honourable Sello

Management,

Lehari.

Safety and Transport

government's wide campaign to fight the spread of COVID-19 and "flatten the curve".

#CuppaForCANSA competition - Your Story is Worth more than Gold

BONUS - RUSTENBURG - CANSA is excited to announce a new competition 'Celebrate Life - Your Story is Worth more than Gold', closing 31 October 2020. Participants may enter online and can win fabulous prizes.

"We're excited to introduce 'Celebration of Life' and invite you to share your 'Cuppa' story with us by hosting an intimate Cuppa with your family groups, friends or colleagues at work. And of course, please observe all lockdown procedures to be safe such as wearing a mask (CANSA sells facemasks and headwear) and applying hand sanitiser frequently.

Funds raised from Cuppa For CANSA helps CANSA to continue to deliver much needed care and support services to those affected by cancer. CANSA's Care Centres offer care and support to the local communities, by providing cancer education and information to help reduce the cancer risk, cancer screening and early detection programmes to those who have limited access to health care.

Follow the three easy steps and stand the chance to win amazing prizes: Make your payment on Quicket and fill in the Cuppa Competition Form online at the link supplied after payment, Host your Cuppa, Submit your photos. You may enter more than one category – R100 per category entry. This Cuppa competition sees the introduction of CANSA Ambassadors to help promote participation and who are the judges of the competition. They are Lifestyle Chef – Izelle Hoffman; singer, songwriter and entertainer - Nataniël; news anchor, presenter, MC, actress and voiceover artist - Rozanne McKenzie; stylist, consultant and presenter of Glam Guru – Hannon and event planner and TV presenter - Aleit Swanepoel. It's terrific having the support of these celebrities as our Cuppa For CANSA judges".

BONUS - RUSTENBURG - Naledi Ramaboea, Queen of Africa

The packs consist of a drawstring bag, 6 washable pads, two

received the washable pads will now start to embrace the beauty of their womanhood without shame but with dignity," Naledi Ramaboea

Dr. Dan

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Together we will
create change

To report abuse, contact the toll-free, 24-hour Gender-Based Violence Command Centre

0800 428 428

Report all cases of rape, sexual assault or any form of violence to a local police station or call **Crime Stop toll free**

086 00 10111

Call the domestic violence helpline, Stop Women Abuse

0800 150 150

The Commission for Gender Equality has a reporting line for gender discrimination and abuse

0800 007 709

Stand up. Speak out.

At Impala we are clear: violence against anyone is an abhorrent crime that demands a clear response.

We especially highlight the rising numbers of women and child abuse during Women's Month. Only by working together can we change this.

STOP THE SILENCE End the violence and hurt

- If you witness behaviour that you believe is violent or abusive, call the police anonymously or tell a community leader.
- Educate yourself and inform other people about women abuse.
- Listen to, and believe, women who confide in you – ask her how you can help and what she needs to feel safer.
- Don't pressure or ask blaming questions to an abused woman.
- Respect that any information an abused woman gives you is confidential.
- Support the survivor in all ways possible but listen to what they want. Reporting anything needs their consent.
- Support the right of all women to live in safety.







Stop Killing Cyclists gains momentum..





BONUS - RUSTENBURG - The Pedal Power Association, one of South Africa's largest cycling organisations, supports the actions of the group known as 'Stop Killing Cyclists SA Org', which staged a silent protest outside the Randburg Magistrate's Court on Wednesday 29 July, in protest against the senseless deaths of cyclists on South African roads.

A driver, who allegedly struck and killed a cyclist on the pavement of Uranium Road in Fourways, Johannesburg, on 11 June, dragging him some 30 meter down

> the road, was granted bail of R8 000 in the Randburg Magistrate's Court on 15 June. On Wednesday 29 July Ishe Davani briefly appeared in court again. The case was postponed until 30 October for further investigation. The cyclist, 37-year-old Steve Preston, an IT executive from Johannesburg, died while trapped under the man's BMW.

> According to Sean Badenhorst from Tread Mountain Biking, Preston's family was fragile during the court procedure but encouraged by the magistrate's attitude towards the case. Dawn Burnett, a founder member of 'Stop Killing Cyclists SA Org', who lost her life partner in a cycling crash, said that the organisation felt that they had to protest against the lack of respect for the lives of cyclists lost on our roads. Burnett said that the taxi driver who allegedly caused the accident in which tandem duo, Frans Duys and Janine Hopkins were killed in November 2019 in Isando, has still not been charged.

> Chairman of the Pedal Power Association, Steve Hayward commented that cases like these required proper investigation and harsher sentencing. "Cyclists are children, husbands, wives, brothers, sisters, mothers and fathers to their families, friends and ordinary people."



Let's go racing - green light for SACCS to kick up the dust again!

BONUS - RUSTENBURG - With spring approaching and after five months of no racing due to the Covid-19 world pandemic, the South African National Cross Country Series (SACCS) received the green light from Motorsport South Africa (MSA) to restart the 2020 championship in

This means the Bronkhorstspruit 400 will take place on Friday and Saturday, 14 and 15 August. The SACCS championship will comprises five events to be hosted between August and October. The championship which started with the Mpumalanga 400 in Dullsroom in February will include the Bronkhorstspruit 400, the Nampo 400 on 18 and 19 September with the final two rounds to be hosted in Parvs on 23, 24 and 25 October.

Strict Covid-19 regulations are in place for the Bronkhorstspruit 400 to be run from the Soetdoring Function Venue just outside Bronkhorstspruit on the brink of the Gauteng border. The patience and compliance of competitors, crews and officials will be rewarded by the fact that the 2020 Cross Country Championship can continue, even though things will be done somewhat different to the past. SACCS has kept abreast with the times and technology over the years with race administration mainly being done electronically for some time now. To limit personal as well as surface contact and maximise social distancing, the Safety Plan and rules and regulations for the event include various changes, one of which is no spectators will be allowed at the event. Enthusiasts and supporters will only be able to follow the event via various social media platforms which include Facebook, Telegram, Instagram and RallySafe.

The Bronkhorstspruit 400 can be followed on the RallySafe App on 14 and 15 August. The App can be downloaded free of charge from the App Store or Google Play Store. Information will also be shared on the SACCS Telegram App as well as on Facebook



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